

YEAR 2 CLINICAL SKILLS ASSESSMENT PHYSICAL EXAMINATION CHECKLIST

NAME _____

PRECEPTOR _____

S=Satisfactory, US=Unsatisfactory, ND=Not Done

PATIENT INSTRUCTOR _____

DATE _____

S	US	ND		S	US	ND		
—	—	—	Inspect hands and arms	—	—	—	Observe cervical veins-CVP estimate	<p align="center">General Assessment</p> <p><u>Attention to patient comfort:</u></p> <p align="center"><u>Excellent</u> <u>Poor</u></p> <p align="center">5 4 3 2 1</p> <p><u>Efficiency of exam:</u></p> <p align="center"><u>Excellent</u> <u>Poor</u></p> <p align="center">5 4 3 2 1</p> <p><u>Draping:</u></p> <p align="center"><u>Excellent</u> <u>Poor</u></p> <p align="center">5 4 3 2 1</p> <p><u>Overall skills level:</u></p> <p align="center"><u>Excellent</u> <u>Poor</u></p> <p align="center">5 4 3 2 1</p> <p>Washed Hands ___Y ___N</p>
—	—	—	Inspect nails, capillary refill	—	—	—	Palpate precordium and PMI	
—	—	—	Radial pulse-rate/15 sec	—	—	—	Auscultate 4 areas-supine, with diaphragm	
—	—	—	Blood pressure-both arms sitting	—	—	—	Auscultate 2 areas-supine, with bell	
—	—	—	Examine scalp	—	—	—	Auscultate apex-L lat decubitus, with bell	
—	—	—	Visual fields (CN II)	—	—	—	Auscultate abdomen for bowel sounds	
—	—	—	Extraocular movement (CN III, IV, VI)	—	—	—	Auscultate renal arteries-left & right	
—	—	—	Inspect conjunctiva, sclera	—	—	—	Palpate abdomen for tenderness/masses	
—	—	—	Pupillary reflexes(CN II, III)	—	—	—	Percuss liver span & spleen	
—	—	—	Red reflex	—	—	—	Palpate liver edge	
—	—	—	Fundoscopy exam-disc & macula	—	—	—	Palpate spleen	
—	—	—	Hearing acuity	—	—	—	Palpate abdominal aorta	
—	—	—	Inspect & palpate pinnae	—	—	—	Palpate inguinal nodes	
—	—	—	Otoscopy ear exam	—	—	—	Palpate femoral pulses	
—	—	—	Rinne	—	—	—	Auscultate femoral bruits	
—	—	—	Weber	—	—	—	Palpate leg pulses-DP,PT(popliteal optional)	
—	—	—	Nasal exam	—	—	—	Inspect lower extremities	
—	—	—	Transillumination or percussion-sinuses	—	—	—	Joint inspection & ROM upper extremities	
—	—	—	Inspect oral cavity	—	—	—	Joint inspection & ROM lower extremities	
—	—	—	Palpate oral cavity	—	—	—	CN V-motor & sensory-3 branches/side	
—	—	—	Neck ROM	—	—	—	CN VII - frown, emotional smile	
—	—	—	Palpate neck nodes	—	—	—	CN IX, X - agh	
—	—	—	Palpate thyroid	—	—	—	CN XI - head turn & shoulder shrug	
—	—	—	Carotid arteries pulses-palpate	—	—	—	CN XII - tongue out and to sides	
—	—	—	Carotid arteries pulses-auscultate	—	—	—	Muscle strength-upper extremities	
—	—	—	Palpate or percuss spine	—	—	—	Muscle strength-lower extremities	
—	—	—	Percuss costo-vertebral angles	—	—	—	Sensory - sharp touch	
—	—	—	Tactile fremitus-posterior-3 sites/side	—	—	—	Vibration -toes	
—	—	—	Percuss lungs-posterior-3 sites/side	—	—	—	Proprioception -toes	
—	—	—	Auscultate lungs-posterior-3 sites/side	—	—	—	DTRs-biceps, triceps, knee, ankle	
—	—	—	Vocal fremitus/pectoriloquy	—	—	—	Babinski reflex	
—	—	—	Egophony (E-A change)	—	—	—	Cerebellar-FTN or RAM	
—	—	—	Percuss lungs-laterally-each side	—	—	—	Cerebellar-Heel-to-Shin (HTS)	
—	—	—	Auscultate lungs-laterally-each side	—	—	—	Gait-normal, walk on toes & heels, tandem	
—	—	—	Percuss lungs-anterior-3 sites/side	—	—	—	Romberg	
—	—	—	Auscultate lungs-anterior-3 sites/side	—	—	—	Pronator Drift	
—	—	—	Auscultate heart sitting - 4 areas	—	—	—	Back mobility-6 directions	
—	—	—	Inspect anterior chest & breasts	—	—	—	Mental Status-orientation	
—	—	—	Palpate axillae	—	—	—		
—	—	—	Palpate breasts	—	—	—		